



Non-Surgical Post-Operative Instructions

After Today's Appointment

You should expect that your tooth will be sore for 2 to 5 days. This is due to the previous condition of your tooth and the manipulation within the root canals during treatment. This should not cause alarm and is a common, normal reaction. While the tooth remains tender avoid chewing in this area. Discomfort following a visit in no way affects the successful outcome of the treatment. To minimize this discomfort, you should take:

- Two (2) or three (3) tablets of 200 mg ibuprofen (over the counter Advil type product) as soon as you can and repeat the dose every six hours. Take the medication for the rest of the day. Do not take more than 3200 mg total ibuprofen per day if you continue to experience pain. It will not help! Contact the office.

And/(OR)

- Two (2) regular strength 325 mg acetaminophen (Tylenol type products) as soon as you can and then repeat the dose every six hours. Take the medication for the rest of the day.

Should you experience swelling or have discomfort more than can be controlled as described above, please contact the office. After hours, please call the emergency # on the office voice mail.

You may notice a medicinal taste between appointments. This is due to the penetrating quality of some of the medications placed within the tooth. It also may be the result of your chewing and wearing away the surface of the temporary filling. Should all of the temporary filling come out (or if you are in doubt), please call the office.

You should also contact your primary care dentist for any follow-up dental work including, but not limited to, crown and bridge work. **All restorative work should be done within a two-month limit from time of root canal/endodontic treatment.**

If you have any questions or problems concerning your treatment, please do not hesitate to call the office at any time. Thank you for choosing my practice regarding this important procedure.

Best Regards,
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